

Star 5+

Monday - 7:00 - 8:45 (Begins Jan 4, 2021)

7:00 - 7:30 - Skills

7:30 - 8:00 - Cardio

8:00 - 8:45 - Freeskate

Tuesday - 7:30 - 8:45 (Begins Jan 5, 2021)

7:30 - 7:45 - Edges & Turns

7:45 - 8:30 - Freeskate

8:30 - 8:45 - Spins

Wednesday - 5:00 - 6:15 (Begins Jan 6, 2021)

5:00 - 5:15 - Cardio

5:15 - 6:00 - Freeskate

Thursday - 5:00 - 7:00 (Begins Jan 7, 2021)

5:00 - 5:30 - Edges & Turns

5:30 - 6:15 - Freeskate

6:15 - 6:30 - Spins

6:30 - 7:00 - Dance

Saturday - 12:15 - 1:45 (Begins Jan 9, 2021)

12:15 - 12:30 - Cardio

12:30 - 1:00 - Dance

1:00 - 1:45 - Freeskate